



**FAVORITE COLOR:** PURPLE

**FAVORITE FOOD:**  
MARSHMALLOWS

**WHAT I'M LIKE:** NERVOUS,  
UNSURE, SHY

**THINGS I LIKE TO DO:**  
I'VE ALREADY SHARED  
TOO MUCH!

## I'm Scared.

Scared is having a great deal of trouble writing this bio. He is somewhat afraid and startled to take such a big step and join the DBSA Mood Crew. Scared doesn't know what to share about himself except that he would prefer not to. Scared found out about the DBSA Mood Crew through his friend, Panic, who declined DBSA's initial offer to be in the DBSA Mood Crew.



Depression and Bipolar  
Support Alliance

©2022 Depression and Bipolar Support Alliance